

Appendix 3

Tell me about yourself - work sheet

My interlocutor/interviewee's name is:

This is what he/she says about himself/herself:

Supporting questions:

- What are you good at?
- What do you like to do?
- What words would you use to describe yourself?
- What would I like to be better at, what would I like to improve?
- What knowledge/skills would I like to acquire?
- How do you think your/your mom/dad would describe you?

Useful terms:

- I am patient/
- I can take responsibility for my behavior
- I am able to listen to others
- I am able to learn from my mistakes
- I am caring
- e.g., I can be a good colleague
- e.g., I can admit when I'm wrong
- i have a sense of humor
- I can share
- i wish/ wish i had more.... / have less...
- I would/should like to improve myself in....
- I would/should like to play better at.../ learn more about....
- I would/would like to learn more about...